

# Secrets Guidance



**A friend asks you to keep a secret. You think the secret shows that your friend could get hurt or be in danger.**

**Tell a grown-up you trust.**

**A friend asks you to keep a secret. You feel the secret is something exciting that someone else will enjoy.**

**Keep the secret so it is a surprise.**

**A friend asks you to keep a secret. You feel the secret does not hurt or upset anyone.**

**Keep the secret.**

**An adult tells you to keep a secret. You feel uncomfortable having to keep this secret.**

**Tell a grown-up you trust.**

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).