

## Books to support the RSHE Topics

Further to discussions at the RSHE Parent Forum on 27<sup>th</sup> May, we have received advice about books which remain age-appropriate throughout which was a question asked by one of the parents. Here is a direct quote from our new source, Alice Ndiaye from Children's Services.

'There's no one size fits all for books around growing up for KS1 or lower KS2 and, if possible, I would suggest families have a trip to a bookshop to have a look before they buy. Bookbugs in the city or the Norfolk Children's Book Centre have expert knowledge.

Here are a few books I have used:

Usborne lift the flap:Q and A about growing up

What makes a baby; Cory Silverberg

For a bit older,

Making a baby; Rachel Greener

Celebrate your body; Sonya Renee Taylor

Charlotte Barkla has written a few picture books about the body which also tackle consent and control [From My Head to My Toes, I Say What Goes | Charlotte Barkla](#).'