

Iceni Academy | Week One



Menu for Week Commencing:



Main
Option One

Monday

Macaroni cheese with
garlic bread

Tuesday

Chicken curry with rice

Wednesday

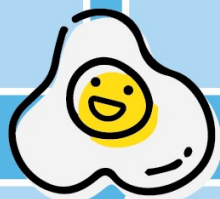
Roast pork with roast
potatoes & seasonal
vegetables

Thursday

Beef pasta bolognaise

Friday

Chicken breast chunks
with chips



Main
Option Two

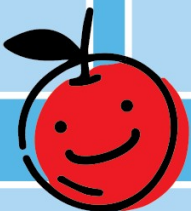
Tomato and basil pasta
with garlic bread

Quorn korma with rice

Quorn toad in the hole
with roast potatoes

Quorn pasta bolognaise

Quorn nuggets with
chips



All meals served with a choice of two fresh vegetables

Tomato and basil pasta, filled jacket potatoes or a choice of ham/cheese/tuna roll

Daily
Available All Week



Dessert

Blueberry muffin

Watermelon slice

Strawberry jelly

Vanilla sponge

Flapjack



Iceni Academy | Week Two



Menu for Week Commencing:



Main
Option One

Monday

Sausages and mash
potato

Tuesday

Beef Shepards pie

Wednesday

Roast chicken with
roast potatoes

Thursday

Chicken tikka masala
with rice

Friday

Cod fish fingers or salm-
on fishcakes and chips



Main
Option Two

Quorn sausage with
mash potato

Quorn lasagne

Quorn Shepards pie

Lentil and vegetable
curry with rice

Quorn dippers with
chips



Daily
Available All Week

All meals served with a choice of two fresh vegetables

Tomato and basil pasta, filled jacket potatoes or a choice of ham/cheese/tuna roll



Dessert

Watermelon slices

Chocolate sponge cake.

Strawberry jelly

Flap jack

Apple crumble with
custard



Iceni Academy | Week Three



Menu for Week Commencing:



Main
Option One

Monday

BBQ chicken pizza slice
served with corn on the
cob and vegetable
sticks

Tuesday

Beef pasta bolognaise

Wednesday

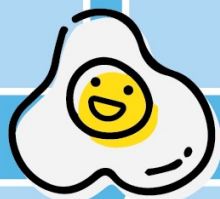
Roast pork with roast
potatoes

Thursday

Chicken korma with rice
and naan

Friday

Beef burger with chips



Main
Option Two

Cheese and tomato
pizza served with corn
on the cob and vegeta-
ble sticks

Quorn bolognaise pasta

Roast Quorn fillet with
roast potatoes

Quorn tikka masala
with rice and naan

Quorn nuggets with
chips



All meals served with a choice of two fresh vegetables

Tomato and basil pasta, filled jacket potatoes or a choice of ham/cheese/tuna roll

Daily
Available All Week



Dessert

Vanilla ice cream with
fruit salad

Vanilla sponge

Strawberry jelly

Watermelon slice

Chocolate brownie

