

Dedication, hard work all the
time, and belief.

Cristiano Ronaldo



Intent

At Icení Primary Academy, our intent is to champion Physical Education (PE) as a vital part of every child's development. We aim to inspire a lifelong love of physical activity, promoting health, wellbeing, and fitness for all. Our PE curriculum is designed not only to develop physical skills, but also to nurture psychological wellbeing, social and moral growth, and academic achievement. Through PE, we embed the values of responsibility, teamwork, communication, creativity, resilience, determination, and tolerance, helping children to flourish both in and out of school.

Implementation

We deliver a high-quality, inclusive PE curriculum that fosters the physical, social, emotional, cultural, and intellectual development of every pupil. At Icení, we use the *Get Set 4 PE* scheme to ensure a broad, balanced, and progressive programme of study, tailored to meet the needs of all learners.

Through *Get Set 4 PE*, children experience a wide range of activities, including competitive sports, creative movement, and physically demanding challenges. Lessons are carefully sequenced to build skills and confidence, enabling pupils to participate and lead effectively, safely, and with enjoyment. Opportunities are provided for children to develop physical competence, understand the importance of health and fitness, and apply their learning beyond the classroom.

Our approach encourages all pupils to:

- Become physically confident and active, supporting their overall health and wellbeing.
- Develop leadership, teamwork, and communication skills through collaborative activities.
- Demonstrate resilience, determination, and respect for others in both competitive and cooperative contexts.
- Experience success and challenge, fostering a positive attitude towards physical activity for life.

By embedding these principles and making use of high-quality resources like *Get Set 4 PE*, we ensure that every child at Icení Primary Academy has the opportunity to thrive as a confident, capable, and enthusiastic participant in physical activity.

Impact

The impact of our PE curriculum at Icen Primary Academy is measured through ongoing and robust assessment, ensuring that every child makes progress and develops a positive attitude towards physical activity.

- **Assessment of Skills:** In every PE session, teachers assess pupils' practical skills, teamwork, and understanding through observation, questioning, and feedback. This ongoing assessment allows us to tailor support and challenge to individual needs.
- **End-of-Unit Assessment:** At the end of each unit, children complete a focused assessment that reviews the key skills, knowledge, and concepts they have learned. This helps us to celebrate progress, identify next steps, and ensure readiness for future learning.
- **Quick Quizzes:** Regular Quick Quizzes are used to revisit and reinforce learning from previous units, helping children to retain and apply their knowledge over time.

Through these assessment strategies, we ensure that all pupils:

- Make sustained progress in their physical skills, confidence, and understanding.
- Can articulate what they have learned and how they have improved.
- Develop a secure understanding of the importance of health, fitness, and teamwork.
- Are well-prepared for the next stage of their physical education journey.

Our commitment to high-quality assessment ensures that PE at Icen Primary Academy is not only enjoyable and inclusive, but also impactful—supporting every child to thrive as an active, healthy, and confident individual.

Inclusion

At Icen Primary Academy, we are committed to ensuring that every child can thrive. We adapt teaching and learning to meet the diverse needs of all learners, including those with Special Educational Needs and Disabilities (SEND). Our inclusive approach ensures that children receive the support and resources they need to succeed in every aspect of their education.

Our staff work closely with families, external agencies, and specialists to ensure that provision is continually reviewed and refined. We believe that with the right support, every child can achieve their full potential.

Our SEND Information Report is available on our website. Please ask if you would like us to print a copy out.

Marking and Feedback

Work is marked according to the school marking policy by using

- Peer and self-assessment
- Oral feedback
- Written feedback

EYFS

In the Early Years Foundation Stage (EYFS) at Icen Primary Academy, we place a strong emphasis on physical development as a core area of learning, fully aligned with the *Development Matters* framework. Our youngest children are provided with opportunities to develop both their gross and fine motor skills through a balance of structured PE sessions and child-initiated play.

Through a variety of engaging activities, children are encouraged to:

- **Develop gross motor skills** such as running, jumping, climbing, balancing, throwing, and catching, which help to build strength, coordination, and confidence in movement.

- **Refine fine motor skills** through activities like using small equipment, manipulating objects, threading, mark-making, and building with construction toys, supporting control and precision.
- Build spatial awareness, coordination, and control in a safe and supportive environment.
- Learn about the importance of being active for their health and wellbeing.
- Work cooperatively, take turns, and follow instructions, supporting their personal, social, and emotional development.
- Express themselves creatively through movement and dance.

These experiences directly support the *Physical Development* area of the EYFS curriculum, particularly the "Gross Motor Skills" and "Fine Motor Skills" strands, as well as *Personal, Social and Emotional Development*. By the end of EYFS, children are confident, active learners with a strong foundation in movement, ready to continue their physical education journey in Key Stage 1.

Link to the National Curriculum

[National Curriculum - Physical education key stages 1 to 2](#)

If you require further information, please do email iceniprimary@attrust.org.uk