

PSHE at Icen Primary Academy



"PSHE education isn't just another school subject. It's a chance to give every child and young person an equal opportunity to develop the skills and knowledge they need to thrive now and in the future."

PSHE Association



Intent

- Icen Primary Academy is set in a rural predominantly white British community. As an academy we want to ensure that our pupils are prepared for life in a diverse modern Britain and are able to make good life choices regarding relationships, health and their online presence. We want to create a safe learning environment where pupils feel confident and empowered to discuss and debate a plethora of topics – for PSHE we follow Jigsaw.
 - Jigsaw supports the Personal Development and Wellbeing evaluation from OFSTED's renewed framework who assess how schools prepare pupils for life, fostering character, confidence, resilience and wellbeing; it significantly contributes to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the Spiritual, Moral, Social, Cultural (SMSC) development opportunities provided for our children. The learning within these themes deepens and broadens every year:
- **Autumn 1** Being Me in My World
 - **Autumn 2** Celebrating Differences
 - **Spring 1** Dreams and goals
 - **Spring 2** Healthy Me
 - **Summer 1** Relationships
 - **Summer 2** Changing Me

The teaching of Relationships and Sex Education (RSE) at Icen Academy supports the whole school aim of preparing well-rounded, happy, successful individuals with fantastic futures. RSE is lifelong learning about respectful relationships, sexuality, emotions, sex, sexual and mental health and wellbeing. RSE should signpost and empower, build self-esteem, safeguard young people in the modern world to help them make informed decisions at the right age and stage providing a strong foundation to be successful in life.

The aims of PSHE at Icen are to:

- Create a positive culture around issues of sexuality and respectful relationships, including celebration of self and others.

- Provide a safe, non-biased learning environment which is empowering to all involved based on the belief that bullying, prejudice and discrimination are unacceptable. If discrimination is experienced, both staff and pupils are empowered to report and resolve.
- Provide wholly inclusive spiral and thematic curriculum allowing for development of knowledge relevant to the age and stage of the learner, using non-biased, accurate and factual information including the correct vocabulary to describe themselves and their bodies.
- Help pupils develop feelings of self-respect, confidence and empathy to become well rounded young people and have a successful future.
- Develop personal qualities and communication skills to have and maintain healthy, safe and respectful relationships for themselves and to role model this for others.
- Ensure pupils are informed of their rights, including the legal framework and signpost regularly on how to access confidential help to keep themselves and others safe.

Annual Parent Forums: next date Tuesday 20th January 6.30pm

- These are very productive evenings and we would like to thank parents who are able to attend. We show the PSHE scheme we use in school, with particular reference to RSE, and talk about the rationale behind our approach. Parents have the opportunity to discuss and express their thoughts, and ask questions of the Principal and PSHE Subject Leader – we appreciate their candour.
- Our Parent Forums are a wonderful way through which both parents/carers and teachers can feel confident and comfortable about the content being taught, and also feel empowered to answer children's questions both at school and at home.

Implementation

PSHE is taught weekly in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way.

The JigSaw scheme of work provides a comprehensive, carefully planned curriculum which brings consistency to approach and progression of skills and knowledge to our children's learning in this vital curriculum area. The overview of the programme can be seen on the school website; Jigsaw themselves are preparing and updating resources to reflect the new Relationships and Sex Education (RSE) and Health Education statutory framework from July 2025 – this will be ready for December 2025 and all schools must have adapted their curriculum by September 2026 to reflect the changes.

To ensure progression and a spiral curriculum, we use Jigsaw, a mindful approach to PSHE, as our chosen teaching and learning programme and tailor it to all children's needs. The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, shows exactly how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirements. Throughout Jigsaw, children are encouraged to reflect on their learning experiences and their progress. By reflecting, children can process and evaluate what they have learnt, which enables them to consolidate and apply their learning.

Impact

By the time our children leave our school they are:

- are able to approach a range of real life situations, applying their skills and attributes to help navigate themselves through modern life
- are on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- able to recognise and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of law and Liberty
- able to understand and manage their emotions
- able to look after their mental health and well-being
- able to develop positive, healthy relationships with their peers both now and in the future
- able to understand the physical aspects involved in RSE at an age appropriate level
- respectful of themselves and others
- confident and have positive self-image and self-esteem.

Marking and Feedback

Work is marked according to the school marking policy by using

- Peer and self-assessment
- Oral feedback
- Written feedback

In EYFS and KS1 children's learning is evidenced through floorbooks; in KS2, children have their own PSHE exercise book with their work in. Each child's learning and progression is evidenced in the Subject Leader's whole-school PSHE assessment spreadsheet; this not only assists with future planning but is a key piece of evidence of vulnerable children understanding the learning.

Inclusion

At Icen Primary Academy, we are committed to ensuring that every child can thrive. We adapt teaching and learning to meet the diverse needs of all learners, including those with Special Educational Needs and Disabilities (SEND). Our inclusive approach ensures that children receive the support and resources they need to succeed in every aspect of their education.

Our staff work closely with families, external agencies, and specialists to ensure that provision is continually reviewed and refined. We believe that with the right support, every child can achieve their full potential.

Our SEND Information Report is available on our website. Please ask if you would like us to print a copy out.

EYFS

In the Early Years Foundation Stage (EYFS), the Jigsaw PSHE program focuses on developing children's Personal, Social and Emotional Development (PSED) through age-appropriate themes that foster positive relationships, self-awareness, emotional understanding and social skills. Children learn about themselves and how they fit into the world, building confidence and sensitivity by trying new things and understanding feelings. This whole-school approach uses themes with all age groups focusing on the same theme concurrently, and integrates PSHE with emotional literacy, social skills and spiritual development.

In addition to the Jigsaw scheme a lot of PSHE objectives are delivered multiple times through linked learning and continuous provision in Acorn Class. Through play-based learning, aspects such as becoming resilient, forming friendships, learning to share, keeping safe, recognising and expressing feelings and helping children understand their place in the community are revisited and revisited.

Link to the National Curriculum

[Statutory Guidance: Relationships and sex education \(RSE\) and health education](#)

If you require further information, please do email iceniprimary@attrust.org.uk