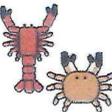
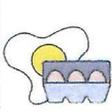
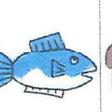
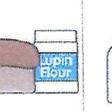
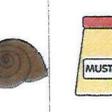
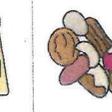
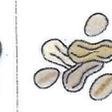
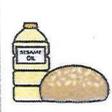
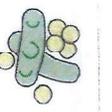


Week 1

DISHES AND THEIR ALLERGEN CONTENT

(Write - if fewer - the name of the allergen AND/OR the name of the nut(s)* in that column)

Monday & Tuesday

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Humus Salad (no nuts)														
Ham & cheese Pizza		✓		M.			✓							
Qorn fajitas		✓							✓					
Fruity Cheesecake		✓					✓							
Beef Cottage Pie														
Qorn Balls		✓					✓							
Pasta Bake														
Old School cake		✓		✓			✓						✓	

Review date:

Reviewed by:



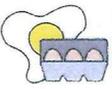
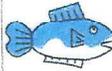
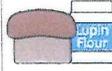
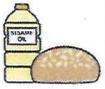
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Wk 1

DISHES AND THEIR ALLERGEN CONTENT

(Note - Please write the name of the dish in the first column, and the name of the allergen in the other columns. If a dish contains more than one allergen, write the name of the allergen in that column.)

Wednesday & Thursday

DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Tuna Salad (example)														
Roast Pork Garlic & Herb Buttermilk Pancake/straw		✓												
chicken														
Curry Naan bread		✓												
mac N cheese		✓					✓							
FlapJack		✓												

Review date:

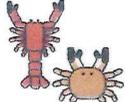
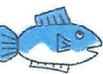
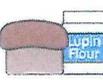
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W21

DISHES AND THEIR ALLERGEN CONTENT

(Please write the name of the dish in the first column, the allergen(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

Friday

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad (ex-vipfel)														
Fish fillet		/			/									
Chips														
Vegan sausage roll		/					M							/
Smoothie														
Shortbread		/												

Review date:

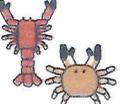
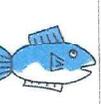
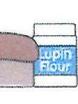
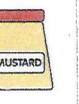
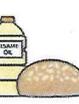
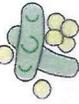
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DISHES AND THEIR ALLERGEN CONTENT

Week 2 Tuesday & Wednesday (For the name of the nut(s)* in that column)

DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Tuna Salad (example)														
Pork & Beet														
Meatball Pasta		✓					✓							
Sweet														
Chilli noodles														
Short bread		✓												
Ice cream							✓							
Roast Beet														
York														
Yorkshire														
Pudding		✓			✓				✓					
Quorn														
Sausage														
Carrot		✓			✓				✓					
Cauli														

Review date:

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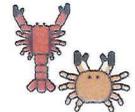
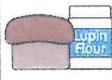
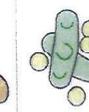
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DISHES AND THEIR ALLERGEN CONTENT

Write in the name of the dish in the name of the allergen (the cereal) containing it in that column AND/OR the name of the nut(s)* in that column

Week 2

Thursday & Friday

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
(una Sajad (example)														
Beet		✓												
Lasagne		✓					✓							
Garlic		✓												
Bread		✓												
5 Bean														
chilli														
Vanilla		✓		✓										
Cronch														
Salmon														
fishcakes		✓			✓									
Fries														
Quorn		✓												
nuggets		✓												
oat		✓												
cookie														

Review date:

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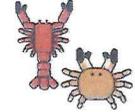
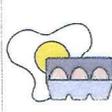
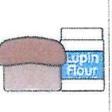
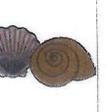
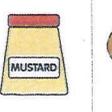
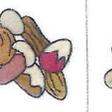
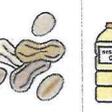
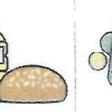
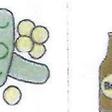


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DISHES AND THEIR ALLERGEN CONTENT

(Note - Please write the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

Week 3 Monday

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad (example)														
Cheese Pizza		✓					✓							
Wedges														
Vegetable lasagne		✓					✓							
Garlic Bread		✓												
choc cake		✓					✓							
Custard		✓					✓							

Review date:

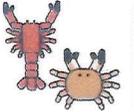
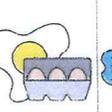
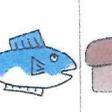
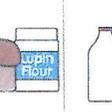
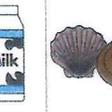
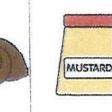
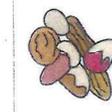
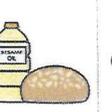
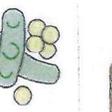
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DISHES AND THEIR ALLERGEN CONTENT

Week 3 Tuesday & Wednesday (Note: Please write the name of the cereal(s) containing gluten** in the column for gluten and the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad (no anchovies)														
Spaghetti		✓												
Bolognese		✓												
Vegetable Curry		✓												
Naan bread		✓												
Strawberry Cheesecake		✓					✓							
Roast Gammon														
Quorn Cottage Pie		✓		✓										
Apple Cinnamon Cake		✓		✓			✓							

Review date:

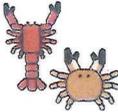
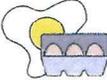
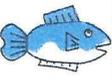
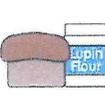
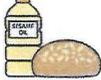
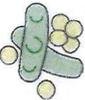
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DISHES AND THEIR ALLERGEN CONTENT

Week 3 name Thursday & Friday (initials) (gluten free) (lupin) (milk) (nuts) (peanuts) (soya) (sulphur dioxide) (AND/OR the name of the nut(s)* in that column)

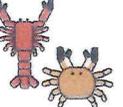
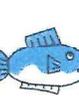
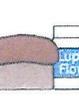
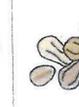
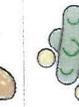
DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Feta Salad (example)														
BBQ Chicken														
mac & cheese														
choc crunch		✓												
Fish fingers		✓												
cheese omelette				✓										
short bread		✓												
Ice cream														

Review date:

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DISHES AND THEIR ALLERGEN CONTENT

(Write the name of the dish in the central column AND/OR the name of the nut(s)* in that column)

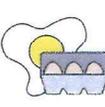
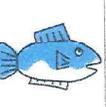
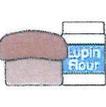
DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad (vegetable)														
Sket & baked beans														
Sket & cheese							✓							
Sket & Tuna Tomato Pasta		✓		✓	✓									
Ketchup														
Mayonnaise				✓										

Review date:

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DISHES AND THEIR ALLERGEN CONTENT

(Write the name of the dish in the central column containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Ham Sandwich		✓												✓
Tuna Sandwich		✓		✓	✓									✓
cheese Sandwich		✓					✓							✓
Wraps		✓												
Rolls		✓											M	

Review date:

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